

# ACTIVE

SKILLS FOR READING

1

## ANSWER KEY



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# UNIT

# 1



## Unit 1: All About Food

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## Getting Ready

### Answer Key

*Clockwise from the top left* steak with mushroom sauce, french fries, and a salad; waffles with maple syrup and strawberries; vegetables and herbs (including onions, carrots, cabbage, cauliflower, tomatoes, parsley, dill); breads and pastries, both sweet and savory.

2, 3. Answers will vary. Encourage students to give reasons for their answers.

## CHAPTER 1: A Restaurant for Change

### Chapter Summary

*Target Vocabulary:* encourage, hands-on, healthy, ingredient, kitchen, qualified, recipe, serve

*Reading Skill:* Predicting

*Reading Passage Summary:* The article describes how celebrity chef, Jamie Oliver, known for his healthy eating campaigns, has opened restaurants dedicated to training young people as professional chefs.

*Vocabulary Skill:* Antonyms

### Before You Read

A: Answers will vary. Possible answers include:

1. in a class in (high) school, culinary college, or evening classes; from their parents, family members, and friends; from TV cooking shows; from cookbooks or magazines; from the Internet; by working at a restaurant.
2. Studying cooking at culinary college or by working at a restaurant.

### Reading Skill

Answers will vary. Possible answers include:

- A: by promoting healthy eating habits, by teaching skills and giving jobs, by making a chef successful.  
B: 2. learning to cook, and how to run a restaurant.  
C: 2. Answers will vary. The correct answer is: the number of original students.

### Reading Comprehension

- A: 1. b (lines 4-5); 2. b (lines 7-9); 3. a (lines 10-14); 4. c (lines 26-27)  
B: a. 3 (line 26); b. 2 (lines 16-17); c. 1 (lines 10-11); d. 4 (lines 27-30)

### Critical Thinking

C: Answers will vary. Possible answers include: 1. by giving them the skills to get a good job or even to open their own restaurant business. 2. the idea that these are important aspects of successfully running a restaurant or any business.

### Vocabulary Comprehension

- A: 1. a; 2. b; 3. b; 4. a; 5. a; 6. b; 7. b; 8. b  
B: Answers will vary. Possible answers include:  
1. Go to a conversation class, become friends with native speakers of English, make friends online, and have video chats with them;  
2. Pots, pans, cups, plates, knives, forks, spoons, stove, microwave, food;  
3. Exercise and eat healthy foods.

## Vocabulary Skill

A: 2. easy; 3. rest; 4. unhealthy; 5. discourage; 6. free

B: 1. unhealthy; 2. easy; 3. rest; 4. discourage; 5. dislike; 6. busy

## CHAPTER 2: Let's Make Blueberry Muffins!

### Chapter Summary

*Target Vocabulary:* add, bake, check, mix, melt, pour, spray, cool

*Reading Skill:* Scanning

*Reading Passage Summary:* This article describes a simple recipe for blueberry muffins. It's easy to make delicious blueberry muffins by following the steps in this recipe.

*Vocabulary Skill:* Irregular Past Tense Verbs

### Before You Read

A: 1. Clockwise: scone with jam and cream; cheesecake; crepe with fresh berries; cupcakes with frosting. Answers will vary as to which ones students have eaten.

2. Answers will vary.

### Reading Skill

A: 1. nine ingredients; 2. six steps in the recipe

B: 1. Step 2 (line 7); 2. Step 4 (line 15); 3. Step 4 (line 14); 4. Step 1 (line 5)

### Reading Comprehension

A: 1. a (ingredients list); 2. b (line 10); 3. c (line 18); 4. c (line 20)

B: a. 3 (line 10); b. 4 (line 15); c. 6 (line 20); d. 1 (line 5); e. 2 (line 7); f. 5 (line 18)

### Critical Thinking

Answers will vary. Possible answers include:

1. *healthy ingredients:* eggs, milk, blueberries; *unhealthy ingredients:* sugar, butter.

2. adding less butter or less sugar, or replacing the butter with an oil low in saturated fat, such as canola oil, and the sugar with a healthier sweetener, such as honey. The sugar on top of the muffins could also be left out.

### Vocabulary Comprehension

A: 1. bake; 2. check; 3. pour; 4. spray; 5. mix; 6. melt; 7. add; 8. cool

B: Answers will vary. Possible answers include: 1. ice; ice cream; snow; cheese can be melted, and metals and plastics can be melted down at very high temperatures for jewelry-making or recycling. 2. You can insert something smooth and sharp, such as a fork or a toothpick, to check whether it's cooked on the inside. 3. salt, pepper, herbs, spices, hot sauce, lemon zest, lemon juice, and butter.

### Vocabulary Skill

A: broke; brought; bought; came; cut; did; ate; felt; got; went; had; kept; knew; lost; put; rode; spread; took. Possible additional irregular past tense verbs are: catch/caught; drive/drove; fight/fought; make/made

B: Answers will vary. Students might notice that some verbs do not change at all: cut/cut, put/put, spread/spread; some just change one vowel: know/knew, come/came, get/got, ride/rode; and some change one consonant: make/made, build/built. Some change both vowel and consonant, and some are simply irregular, following no pattern at all.

## Real Life Skill

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C: 1. brought; 2. broke; 3. came/went; 4. bought/got; 5. took/sold; 6. ate/had

A: 1. minerals; 2. vitamins; 3. preservatives; 4. additives; 5. ingredients; 6. calories

B: The second part of each answer may vary. Possible answers include: 1. Chocoblock because it is sweet; 2. Slim Quick because it is low in calories; 3. Power Up because it is high in protein.

## What Do You Think?

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Answers will vary. Possible answers include:

1. It is often healthier to eat at home where you have more control over the ingredients you use.
2. When you are young, you need more vitamins and minerals because your body is still developing. When you are old, you might have problems eating some foods and also need more vitamins and minerals to stay healthy and strong.
3. Many vegetarians believe in animal rights and don't want to hurt animals. Others are vegetarians for dietary, religious, or environmental reasons. Also, many people are becoming vegetarian these days because of concerns about the additives used in meat production.

